## Community and Ambulatory Care Environmental Checklist for Falls Prevention

## **Instructions for Use**

The Winnipeg Regional Health Authority is committed to providing a safe environment for staff and clients. The Community and Ambulatory Care Environmental Checklist for Falls Prevention is to be used to identify environmental factors in your facility that may increase risk of falls.

It is recommended that you complete this checklist at your facility at least yearly, and preferably twice a year in winter and spring/summer. The checklist should be completed by a manager, supervisor or staff member trained in occupational health and safety. It may also be useful to link the completion of this checklist with regular checks required by occupational health and safety.

## To complete the checklist:

- a. Start in the circulation area (i.e. reception +/- hallway) and answer "yes", "no" or N/A" (not applicable) for each of the items listed.
- b. Repeat this process in the other clinic areas identified in the checklist (i.e. stairs and stairwells, examination/consultation/change room and bathroom) and for the items about signage (section 5).
- c. Complete the items for outdoor areas, showers and recommended practices if they apply to your facility.

Review your completed checklist and make note of all "no" responses. These items indicate falls risk hazards that should be addressed to improve the safety of your facility. Document how you have addressed the identified hazards in the attached form.

If you have any questions about how to complete the Community and Ambulatory Care Environmental Checklist for Falls Prevention, please contact <a href="mailto:injuryinfo@wrha.mb.ca">injuryinfo@wrha.mb.ca</a> or (204) 940-8300.

Thank you for helping us prevent falls within the Winnipeg Regional Health Authority.

Kind regards,

Yvonne Morier Manager, Quality Improvement Jacquie Habing Manager, Injury Prevention